

Reason to Hope

*M*cLean was founded in 1811 on the belief that the successful treatment of brain and emotional disorders requires compassion and knowledge. Since then, the vision of a more hopeful future has been passed forward through generations of individuals—those who came here for treatment and those who came to learn and practice their professional calling.

*T*oday, the many talented clinicians who dedicate their lives to psychiatric care, the tireless researchers who seek better treatments, the patients who courageously live with daily struggles, and the families who invest their resources to support McLean's mission all give us reason to hope.

**The vision of a more hopeful future has been passed forward
through generations of individuals.**



A Community of Strength

*A*lmost 200 years of healing, learning and research have created a community of strength at McLean made up of dedicated and caring individuals, each focused on one goal: to ensure that the best treatments are available today and that even more effective options emerge tomorrow.

We are proud of the many generous individuals who support our mission—clinicians, nurses, social workers, researchers, administrators and hospital personnel. And we're thankful for the partnership of foundations, corporations, families and individuals who have invested in innovative research and treatment ideas, sponsored professional fellowships, and helped us create better programs—all to strengthen our hope for the future.

**Two hundred years of healing, learning and research have
created a community of strength at McLean**

Another Resource While You're Here

Your clinical team will be working to find effective treatments for you or your family member—the first priority. But we want you to know that there are other resources throughout the hospital that may be helpful during your visit.

The staff in the Development Office is available to provide information, arrange opportunities for a needed break, or locate things patients and family members may need. We can coordinate a tour of one of our historic points of interest or research laboratories on campus; join you for lunch, a walk or a casual conversation; or simply drop by with a book or item you might find enjoyable or informative. Call us for more information on the various non-clinical activities and services we can provide.

**Call 617-855-2191 for information
on activities and resources at McLean.**



A Personal Journey

*R*ecovery is a difficult process. Patients and families have shared stories of their struggles with us. We know many arrive feeling helpless and uncertain, perhaps facing the most profound struggle of their lives. Others feel relief and the beginnings of renewed hope. Most wonder what tomorrow holds.

*A*s you begin this phase of your or your family member's personal journey, we'd like to do what we can to make this a time to regroup amidst illness and the complexities it brings. All of us at McLean Hospital are committed to supporting individuals and families on the journey to wellness by providing compassionate care and exceptional service.

We are committed to supporting individuals and families on the journey to wellness.



McLean: Offering Hope for 200 years

